



Wesley Methodist Church Weeke

Wesley Somborne Link

One Church on two sites

27th June 2025



King's Somborne Methodist Church

Fruits of the Holy Spirit



We were fortunate enough to have a couple of days on the Isle of Wight, where we could enjoy some valuable downtime and have a chance to re-visit some favourite haunts. One such place was a visit to Bembridge and we spent some time looking across the Solent and visiting the RNLI shop located by Bembridge Life Station, we are sure many of you will also have visited here. Our thoughts soon turned to the wonderful work of the RNLI and what it takes to be a member of a potentially life-saving team.

Coincidentally, looking at the lectionary Reading for this week, "but the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control" (Galatians 5:22-23), has made us reflect on what it means to live out these "fruits" and how the actions of life-boat teams here and across the world, reflect many, if not all, of these qualities.

Love: Unselfish concern for others, putting their needs before your own.

Joy: A deep-seated sense of well-being and gladness, not based on circumstances, but on one's relationship with God.

Peace: Inner tranquillity and calm, even amidst chaos and stress.

Patience: The ability to endure difficult situations and people with grace and understanding.

Kindness: Being considerate, compassionate, and helpful to others.

Goodness: Moral excellence and righteousness in actions and character.

Faithfulness: Trustworthiness, loyalty, and dependability.

Gentleness: Being mild-mannered, considerate, and tender in interactions with others.

Self-control: Exercising discipline over one's thoughts, actions, and desires.

(AI Generated)

These are virtues that grow within us, when our lives are rooted in God and nourished by faith. How can we see the fruits of the spirit in our everyday lives?

Love is undoubtedly the cornerstone of our human existence (1 Corinthians 13 v 13), "three things that remain – faith, hope and love – and the greatest of these is love" and however hard love can be to find at times, simply engaging in acts of genuine care can nurture this particular fruit of the Spirit. **Joy** is more than happiness, happiness may only occur in fleeting moments, but real joy comes from within and just doing things shared with friends and loved ones, go along way in this sense of joy. In this world of troubled times, we may feel that **peace** is an unattainable ideal and striving for peace in our own lives can be difficult but turning to God in prayer and asking for His help, may help us to find the peace we cannot find alone. Billy Graham, was quoted as saying "I don't have any more patience than anyone else; I just use mine." **Patience** is a gift, but we have to choose to use the gift to make it meaningful. The virtue of **kindness** means being part of the solution, not part of the problem. How many times have we been told "if you can't say anything nice, then say nothing"? We should strive to utter words that uplift in all that we do. **Goodness** can be translated as generosity, with our time, emotions, our money and our spirit. A helpful question maybe "can I give a little more?" **Faithfulness** is synonymous with trusting and believing always that whatever ever happens in this roller-coaster of a life, we will be okay, because we do not journey alone. **Gentleness** goes along way in making people feel they are cared for, using a lighter touch in our dealings with people can mean so much. **Self-control** is arguably the hardest fruit of the Spirit to achieve (how many times have we had to follow a tractor when we are running late!), it takes grace and plenty of practice!

May the fruits of the Holy Spirit bloom within our lives, just as it does for members of the RNLI!

Blessings

Brenda and Paul

On Sunday 27th June, at 10.30am, the ReFresh Service will be led by Mr Graham Hepburn

On Sunday 6th July, at 10.30am, the Service will be led by Dr John Evans

The service on the 27th June will be live streamed, the link to which can be found via the Wesley Website at:

www.wesleychurch.org.uk

Dates for Your Diary:

26th June: Mini-Marvels (9.00-11.00am)

26th June: Together Thursday (2.30-4.30pm)

28th June: Café Wesley, 10.00-12 noon, (supporting Brickworks) and Lego Church (10.00-11.30am)

29th June: ReFresh Service led by Mr Graham Hepburn at Wesley 10.30am

29th June: Church Anniversary Service, with Holy Communion, led by Mr Peter Castle at King's Somborne 10.30am

3rd July: Mini-Marvels (9.00-11.00am)

4th July: Friday Fun Club (5.00-6.30pm)

4th July: Feel Good Friday (7.00-9.00pm)

6th July: Service led by Dr John Evans at Wesley, in the Hall 10.30am

6th July: Service led by Mr Tom Belshaw at King's Somborne 10.30am

10th July: Mini-Marvels (9.00-11.00am)

10th July: Together Thursday (2.30-4.30pm)

13th July: Holy Communion Service led by Revd Peter Rayson at Wesley 10.30am

13th July: Service led by Mr Graham Hepburn at King's Somborne 10.30am

17th July: Mini-Marvels (9.00-11.00am)

18th July: Friday Fun Club (5.00-6.30pm)

18h July: Feel Good Friday (7.00-9.00pm)

20th July: Service led by Mrs Susan Parsons at Wesley 10.30am

24th July: Together Thursday (2.30-4.30pm)

26th July: Café Wesley, 10.00-12 noon, (supporting Methodist Relief and Development Fund, All We Can) and Lego Church (10.00-11.30am)

27th July: ReFresh Service led by Mr Tom Belshaw at Wesley 10.30am

27th July: Holy Communion Service led by Revd Peter Rayson at King's Somborne 10.30am

3rd August: Holy Communion Service led by Revd Peter Rayson at Wesley 10.30am

3rd August: Local Arrangement Service at King's Somborne 10.30am

We have received this message from Hilary today (Wednesday 25th June):

It is with great sadness that I have to tell you I lost my lovely Mum, Angela on Tuesday. She is now free of her dementia that she struggled with for over 15 years and resting with my lovely Dad and brother Simon.

Hilary Honess

We pray for Hilary, Andrew and all the family at this sad time, using a prayer from Nick Fawcett:

Loving God,
Grant to all the family and friends who are grieving, your special blessing,
May they know that your hand is upon them,
Your arms encircling them,
And your heart reaching out to them.
Amen



Please note the next edition of the Wesley Somborne Link will be on Friday 11th July, we need any items or notices to be sent to Paul and Brenda, by Wednesday 9th July. Many thanks!
Email: brenda.yarrien@btinternet.com or contact 01794 389153.



Wesley Summer Walks 2025

Date	Description	Leader	Time	Notes
Tuesday 29 th July	Walk around Whitchurch	Faith & Nick	pm	Tea at Whitchurch Silk Mill
Wednesday 6 th August	Church Cream Tea at Trout Fishery, Headbourne Worthy	Dale, Faith & Nick	pm	Cream tea by the lake
Thursday 14th August	All abilities and 'family' walk, plus train ride at Lakeside, Eastleigh	Ralph & Veronica	am ? & pm	Tea to follow SEPARATE LEAFLET LATER
Friday 22 nd August	Walk at St Cross	Eileen	am	Tea at St Cross

All walks are relatively short, but if you are unable to walk please join us for TEA.

More details from each walk leader:

Eileen 01962 861527 Faith 01962 880043 Dale 01962 866502 or Ralph 01962 861139



Planning an eco-holiday is a great way to travel responsibly while minimising your environmental impact. Here are some key tips from the Methodist Website:

Choose eco-friendly accommodations – Look for hotels, lodges, or homestays that are certified for sustainability, use renewable energy, and promote responsible tourism.

Opt for greener transportation – Reduce your carbon footprint by travelling via train, bus, or carpooling instead of flying. If flying is necessary, consider direct flights to minimise emissions.

Pack sustainably – Bring reusable water bottles, eco-friendly toiletries and cloth bags instead of plastic. Avoid single-use items whenever possible.

Support local and ethical businesses – Choose locally sourced food, sustainable souvenirs, and tour operators that prioritise conservation and fair wages.

Respect nature and wildlife – Stick to marked trails, avoid disturbing local wildlife, and never purchase products made from endangered species.

Leave no trace – Dispose of waste responsibly, recycle when possible, and aim to leave places cleaner than you found them.



Methodist Women in Britain Circuit group
invite you to Canada Common Church for a
Cream tea

Saturday 5th July

2.30 to 4.30 p.m.





Worship Leading Course

It is intended to run this course of five sessions in the autumn of 2025 in the Winchester, Eastleigh and Romsey Circuit, offered also to the surrounding Circuits. The course will be held fortnightly so that members will have time to reflect on the material between sessions.

This course is for people who feel a call to lead aspects of worship. It will be necessary for those wishing to be recognised as Worship Leaders in their church to attend all the sessions.

It may also be a refresher for those already recognised as worship leaders or indeed local preachers as part of ongoing learning and development.

You will also be very welcome to join if you are just interested in the subject!

The sessions will be held at:

Wesley Methodist Church, Fromond Road, Winchester, SO22 6EG.

Mondays at 7.30pm

8 and 22 September

6 and 20 October

3 November

The sessions will last 90 mins each and be led by Revd Dr Howard Mellor with involvement from Circuit Ministers, and experienced Local Preachers and Worship Leaders. There is also an option for those wishing to be acknowledged as Worship Leaders to attend the Local Preachers and Worship Leaders Meeting on 18 November.

The course will be interactive with input, sharing, working on topics and Q&A. Outline notes will be available at the end of each session. The sessions are fortnightly to allow time for reflection and preparation.

Those who participate fully in the course will receive a certificate. For those who wish to be recognised as Worship leaders (though there is no obligation), notification will be given to their Minister and Church Council. Experienced Worship leaders will be encouraged to support and encourage those beginning this journey of service.

G. Howard Mellor

June 2025

Course Outline:

Exploring Worship: examining the nature and scope of worship. Why it is important. Looking at its biblical roots. Considering the structure of worship as it has developed. The role of Worship Leaders in the Methodist Church.

Shaping Worship: working together to consider the constituent parts of worship and the way we can shape them for worship appropriate to a specific congregation. We will explore the use of music, the treasury of hymns and songs, prayer, silence, movement, ritual, drama and art.

Effective Worship Leading: considering our skills such as preparation, stance, voice projection and ways of developing and using notes. A chance to read a prepared passage to the group. Enabling others to join in leading worship with us.

Creative ideas for Prayer: looking at the various elements of prayer and exploring creative ways of weaving them into worship. Examining resources for prayer with encouragement to write our own.

Ideas for Advent Worship: a practical session using the learning from the earlier sessions. Each course member to research, bring and share ideas for worship during Advent which could be offered for use in services with the appointed preacher.

For more Information and sign-up:

For those wishing to know more there is a detailed version of this outline. Do not hesitate to ask Howard Mellor for a copy.

To join the course, please email Howard by 1 September: hmellor49@gmail.com

GHM June 2025



Open-Air Service on Sunday 27th July 2.30pm at Canada Common Chapel



Canada Common Methodist Chapel, West Wellow, Romsey SO51 6DH

Messy Church from 2pm and Open-Air Service at 2.30pm

Speaker: Mr Peter Armstrong

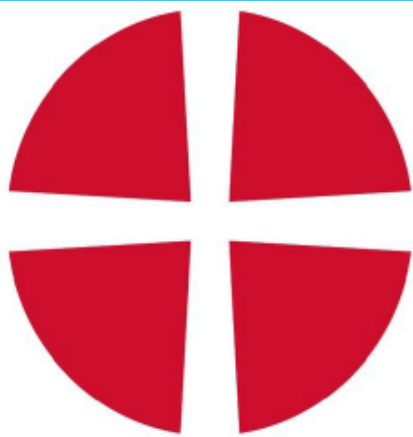
Theme: Meeting Jesus

Music: Cadnam Praise Band



Refreshments after service

*Donations split between Canada Common Chapel
and St Margaret's, Wellow, "Messy Church"*



Coffee on the Common

When:

Every Wednesday from July 30th till August 27th inc

Time:

10.30am ~ 12.30pm

Where:

Canada Common Chapel, Canada Common, West Wellow,
SO51 6DH

Refreshments:

donations shared between the Chapel and St Margaret's "Messy Church"

ALL ARE WELCOME including dogs.

AND... please join us for:

a Prayer Meeting on 13th August, 1.00pm — 1.30pm led by Pastor Peter Castle

a Communion Service on 27th August, 1.00pm - 1.30pm led by Rev Andrew de Ville

A Prayer for MHA Sunday

We give thanks for the work of MHA and the continuing work and love in support of older people in homes and in the wider community.

We thank you for privileged moments: friendships being formed; generations learning from one another; community being created; special moments of recognition through worship and music for those living with dementia. Thank you that you remember.

We pray for carers, both employees and volunteers and those who care for loved ones at home. For those who make sacrifices every day for others. In their caring may they find hidden treasures of joy, connection and hope. Bless them with strength and patience.

We pray for young and old and everyone in between. Particularly for those suffering from physical or mental pain. Those waiting for hospital appointments and results. Those who feel lonely and isolated and those who feel anxious. Bring your peace and love to those people and situations, and we name those who are known personally to us in need at this time.... Bring your healing.

Bless your church, and may we continue your work as we seek to follow you. Guide us in your ways and to the people that you call us to serve. May we discern and use the gifts that you have for us.

We offer our prayers, in the name of Jesus, our Lord and Saviour.

Amen

(Kingswood Methodist Church 2023)

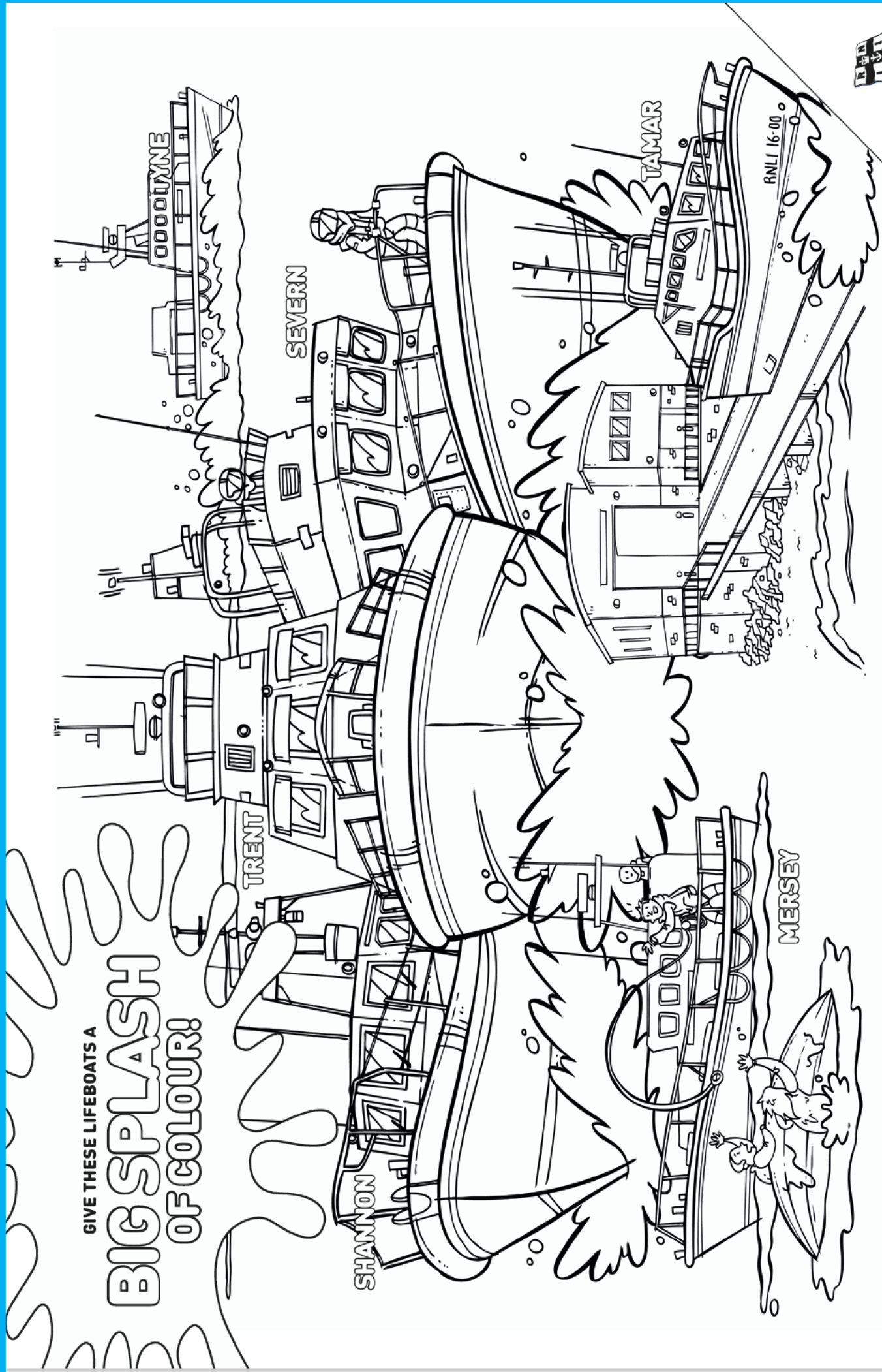


We've got a head-scratcher for you from the RNLI— can you guess the names of these 10 lifeboat stations from emojis? Put your knowledge to the test!



GIVE THESE LIFEBOATS A

BIG SPLASH
OF COLOUR!



Lifeboats

BRING THE RNLI'S ALL-WEATHER FLEET TO LIFE WITH YOUR BEST COLOURING! YOU CAN PRINT OFF ANOTHER SHEET AT RNLI.org/SFgear